



CAME Voice/Voix

LGBT Training Resources

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So you don't know where to begin when a teen in your practice discloses that they are "queer". What does this mean? What should I be asking? What supports are available to such teens and their families? Such opportunities for engagement are offered to you as a practitioner through the AAMC's Diversity 3.0 series, which outlines a clinical vignette on "various aspects of the health of LGBT and gender nonconforming patient populations" in a video form and then poses questions for you to consider. This series addresses topics such as "Coming out", "Gender and Sexual History", "Queer Family Building". The videos model what to say and perhaps what could be said differently and considerations of terms and their meaning. The series is a great teaching tool for those of you who are already well versed in this area but for the majority of us who dabble in the area of LGBT and gender nonconforming patient populations' health it allows an opportunity for building our knowledge, comfort and perspective to optimizing the well being for this population and their families.

Curriculum training in LGBT health must consider knowledge, skills and attitudes of the learners. Studies have shown that no more than a third of medical students feel prepared to care for LGBT populations and less than 10% feel adequately trained to direct a LGBT patient to adequate services. Studies have also identified knowledge gaps in caring care for LGBT patients including: alcohol, tobacco or other drug use; safer sex; sexually transmitted infections and HIV; chronic disease risk; sexual orientation; coming out; gender identity; disorders of sexual development; transitioning; sex reassignment surgery; LGBT adolescent health; body image; and unhealthy relationships. Although these areas can critically affect LGBT health, very few schools report covering all of these topics in their core curricula. Clearly we need to develop an integrated educational approach to assure that all students acquire the knowledge, skills and attitudes to address this population's needs. This Diversity 3.0 series is a contribution to making this a reality.

The Diversity 3.0 videos can be accessed here: <https://www.aamc.org/initiatives/diversity/learningseries/>