



## CAME Voice/Voix

### **Mainpro+: the Evolution of CPD at CFPC**

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MAINPRO (Maintenance of Proficiency) is the College of Family Physicians of Canada (CFPC) program designed to support and promote Continuing Professional Development (CPD) for family physicians across Canada. Mainpro is based on seven key values and principles (*simplicity, comprehensiveness, availability, reflection and application, individualization, scientific validity, and transparency*). MAINPRO serves three key functions:

1. To provide CPD participation guidelines and standards for Canadian family physicians
2. To enable family physicians to conveniently track and monitor their CPD participation
3. To ensure high-quality, ethical CPD programming through a rigorous peer-review accreditation process

However, the landscape of Canadian CPD is changing. Learners are increasingly seeking opportunities to find education that is accessible, relevant, timely, efficient and integrated into practice. As a result, the bar has been raised for national and international CPD standards and guidelines. In keeping with this trend, CFPC is about to set a new standard regarding best practices in CPD, called Mainpro+, scheduled to launch in Q2 of 2016.

Mainpro+ will be anchored by a framework of evidence-based Quality Criteria for the purpose of program certification (currently referred to as accreditation). The six quality criteria provide a clear and measurable scoring framework for providers, reviewers, presenters and members who will share a common understanding of how programs become CFPC certified at 1, 2 and 3 credits/hour. These criteria are: needs assessment and practice relevance, interactivity and engagement, incorporation of evidence, addressing barriers to change, evaluation and outcome assessment, and reinforcement of learning.

As a result, Mainpro+ will provide an intuitive, fast, and efficient web-based credit reporting platform. There will be more opportunities for members to earn credit for practice-based learning, building on the success of CFPC's core reflection activities such as Linking Learning to Practice, and Pearls. This massive overhaul of the Mainpro program will include a formal evaluation strategy of the programs' roll-out and post-launch success to ensure that CFPC will meet the evolving needs of Canadian family physicians, now and in the years to come.

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